

THE KORE DANCE PROJECT RE-OPENING PLAN



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THE KORE DANCE PROJECT – RE-OPENING PLAN

RE OPENING DATE: June 1, 2020

Hello Everyone! The time has come that we are able to open our doors to you again! This also comes with quite a few modifications and procedural changes that everyone will need to work together to implement going forward. The following changes will be outlined in the chart below, which hopefully will also answer any questions you may have.

NEW PROCEDURES AND CHANGES:

THE STUDIO LOBBY AND CHANGING AREAS ARE CLOSED	Until further notice the studio lobby will be closed to all family members, friends, siblings etc. We will only be allowing dancers into the building at this time. Pre-Dance see below.
PRE-DANCE CLASSES	The pre-dancers will meet their instructor at the front door, and she will take them to their class. However, we understand that these little ones may need some additional support. If you would like to wait outside the room, we ask that a mask is worn and that you sanitize before and after entering the studio.
AERIAL HOOP CLASSES	This class is split into two groups. Each hoop has a designated sanitising cloth, group 1 will complete the trick/sequence then wipe down the hoop for group 2 and vice versa. If possible, the groups will be created with students who share the same bubble (siblings/friends).
AERIAL SILKS CLASSES	This class has been changed to a semiprivate class with only five students in each class as there are only 5 silks available. This will ensure that there is no sharing of the silks during class. Each silk is sprayed down with a vodka-based cleaner at the beginning of each class.
OFFICE	We will be in the office during our regular office hours. To visit the office for payments, registrations, retail etc. please contact us to make an appointment, or give us a call from outside and we will let you know if there is an available time slot to come in. This will aid in spreading out traffic in the studio. Appointments will be taken while children are already in classes and not during class change times to avoid congestion.

<p>CASH PAYMENTS</p>	<p>At this time, we will not be accepting cash payments for monthly payments, retail, or other small items. Clients must use credit, debit, or e-transfer, and items MUST be paid for before leaving the studio.</p> <p>Our online ordering system is still set up and running as well. This enables you to order the items your student needs and we will send them home with them at their class time. This is the preferred way of purchasing retail items.</p> <p>Cash payments may be accepted for large payments (ie. Tuition full year). Once received and counted the cash will go into an envelope and straight to the bank. Both the client and employee must sanitize or wash their hands after handling cash in the studio.</p>
<p>DROP OFF AND PICK UP</p>	<p>Dancers will not be permitted into the building early. We will have the classes line up outside (sidewalk/parking lot will be marked). Once one class is finished, they will leave the studio and the next class will be let in by the instructor. Please do not be late picking up your dancer as there is nowhere inside for them to wait at this time.</p> <p>Younger dancers will be released to a parent/guardian one by one outside, making sure everyone has a ride before the assistant returns to class.</p> <p>IS YOUR CLASS IN STUDIO A? If you dance in studio A you will come into the studio and enter this room through the door directly to your left.</p> <p>If it is raining out – please keep your dancer in the car until class time to avoid congestion under the overhang.</p>
<p>SHOES AND BELONGINGS</p>	<p>If you are in studio A, you will wear your shoes in and leave them at the back of the room with your belongings.</p> <p>Studio B and C classes please use the shoe racks, so others are not touching your shoes as they walk in.</p> <p>We ask that you only bring items that are absolutely needed for dance class, ie. No school bags etc.</p> <p>You will bring all your items into the room with you to avoid congestion in the change room areas.</p>
<p>BATHROOM BREAKS</p>	<p>Whenever possible please remember to use the washroom before you come to dance class to keep traffic down in the washroom areas. The washrooms will be cleaned daily.</p>
<p>CLASS TIMES</p>	<p>Classes will all start on time and finish five minutes early to allow for the students to clean up and the switch over to take place. This will be adjusted as needed once implementation has begun.</p>

<p>ADDITIONAL SANITATION PRACTICES</p>	<ul style="list-style-type: none"> • Ballet Barres and Mats will be sanitized between classes. • Door Handles will be sanitized between classes. • Older Dancers will be given wipes to wipe down any equipment touched etc. • Dancers are asked to refrain from touching all walls, doors, mirrors, etc. if possible. • The studio will be deep cleaned once per week in addition to daily cleaning of equipment, floors, and surfaces. • We have added hand sanitizer stations at the entrance and upstairs, to be used when entering the building and class.
<p>FLOOR SPACE</p>	<p>In the classes for younger dancers, we will have yoga mats placed on the floor as their space to dance. These will be cleaned between classes. This gives them a visual of where they need to stand.</p> <p>Older dancers will be given spots on the floor spaced out to keep distance as well but may not need the extra equipment as a visual.</p>
<p>DRESS CODE</p>	<p>Dancers in multiple classes do not need to change tights between classes to avoid extra time in the changing area. Please wear a pair of tights that work for all classes. This way you can just change shoes.</p>
<p>NO EATING IN THE LOBBY</p>	<p>The upstairs eating area will be closed for breaks and dinner. Please either eat before you come, eat outside, or eat in your vehicle before class. Dancers should also wash their hands before and after eating.</p>
<p>FACE MASKS</p>	<p>Masks must be worn in all common areas. Students may take their masks off once they are in the classroom, but must sanitize after they touch their mask again. THIS EXCLUDES: PRE-DANCE, COMBO, AND LEVEL 1 CLASS DANCERS (Children under 8).</p>
<p>DO NOT ATTEND IF FAMILY OR CHILD IS ILL</p>	<p>Do not come to the studio if the dancer or anyone at home is sick until everyone is symptom free or for the 14-day quarantine period.</p> <p>Instructors Illness – Instructors that are ill will find a substitute instructor for that day.</p> <p>Younger students may have their assistant teach the class if the instructor shows signs of sickness.</p>

<p>HANDHELD PROP USAGE</p>	<p>We will have zip lock bags assigned to each of the younger dancers to keep their wands and other class props in. We will wipe down/spray all props each week and only that dancer will use that prop for the duration of the season.</p> <p>We considered having students bring their own from home, but this brings more outside items into the studio. This way we can monitor that only that child has touched it and that it has been cleaned.</p>
<p>COMPETITIVE SCHEDULE</p>	<p>The competitive groups are scheduled to eliminate breaks and minimize room changes for the dancers. Competitive students will have strict technique and combo classes.</p>
<p>TEMPERATURE CHECKS</p>	<p>Due to some dancers having higher resting temperatures/sweating etc., we are encouraging parents to complete temperature checks at home and screen your dancer.</p>
<p>CELL PHONE USAGE</p>	<p>As cell phones are typically quite dirty, we ask that there is no touching of your personal cell phone while in the studio except in emergencies. We also ask that dancers disinfect their personal device frequently.</p>
<p>WATER BOTTLE STRATEGIES</p>	<p>The vending machines will not be operating at this time due to it being a high touch area.</p> <p>Please come with a clean water bottle already filled up. You will have a designated area in the room for your water bottle. No sharing of water bottles or touching others water bottles.</p>
<p>HOW YOU CAN HELP</p>	<ul style="list-style-type: none"> ● Do not bring your child to class if they are coughing, sneezing, have a fever, stomachache, body aches, sore throat, chest congestion, diarrhea, vomiting, or any other illness. ● Do not bring your child to class if a family member is ill with any of the above symptoms. ● Do not bring toys from home. ● Do not break any formal quarantine/government restrictions. ● Encourage your child to cough and sneeze into their arm not in their hand and to not touch other children or their teacher. ● Alert us if your child does have COVID-19 and has been to the studio within the last 14 days so we can contact their peers.
<p>OUTDOOR CLASSES AND CAMPS</p>	<p>At times it may be possible to move some classes to the parking lot. Summer camps will also be scheduled with classes using the outdoor space more frequently.</p>


At this time, we will open with these restrictions until directed otherwise. Each family is encouraged to make their own decision about coming to the studio, please do what you feel comfortable with and what makes the most sense for you and your family. Your health and safety are most important to us!!

PLEASE NOTE: You will receive updates to this document as government regulations change.

QUESTIONS? Email us at: info@thekoredanceproject.com

Information Provided by Global Dance Services Inc.

<p>Gloves (Optional)</p>	<p>Complications to consider with making Gloves mandatory:</p> <p>Sizing: They do not readily make children’s sized medical gloves, and young children wearing adult sized gloves with fingers hanging over would be distracting and uncomfortable.</p> <p>Supply and Waste: There is already a shortage of gloves in the province, where will the supply of these gloves come from? Consider the waste of hundreds of gloves HOURLY/DAILY. Children/families are unlikely to remember or have their own gloves, and the studio supplying gloves for that many families is both financially, and logistically draining. The distribution of gloves to all dancers daily is also complex.</p> <p>Sensory Dancers: There is an increasing number of dancers with sensory concerns, these dancers may not be able to tolerate the feeling of gloves on their skin while dancing. Touching Surfaces: Touching the face and then other surfaces in gloves is similar to that of touching the face and other surfaces without gloves.</p>
<p>Masks / Shields (Optional)</p>	<p>Complications to consider with making Masks mandatory:</p> <p>CO2 Consumption: It is not healthy for dancers to be consuming CO2 (exhaled air) while exercising, dancers may have difficulties breathing and feel dizziness if they wear masks.</p> <p>Fuss/Fidgeting: We know how much dancers fidget with their hair during class, imagine how much they will fidget/touch/adjust their masks. This fidgeting of the masks will INCREASE how much the dancer is touching their mouth and face, which will be more counterproductive than good.</p> <p>Sizing: Children have smaller heads and masks will not be readily available in the appropriate size.</p> <p>Supply and Waste: There is already a shortage of masks in the province, where will the supply of these come from? Consider the waste of hundreds of masks HOURLY/DAILY. Children/families are unlikely to remember or have their own masks, and the studio supplying masks for that many families is both financially, and logistically draining. The distribution of masks to all dancers daily is also complex.</p> <p>Sensory Dancers: There is an increasing number of dancers with sensory concerns, these dancers may not be able to tolerate the feeling of a mask on their face while dancing.</p> <p>Fear/Scary: For young dancers seeing people with faces covered could be scary.</p> <p>Face Shields as an alternative option to Masks can provide some benefits however being highly physical in nature additional structures interfere with the ability to dance with easy.</p> <p>If your child will be wearing a facemask and you need children’s sizes, we found these super cute masks from Revel that can be purchased online: https://www.dancerevel.com/shop</p> <p>The Dance Wear Centre also carries children’s sizes: https://www.dancewearcentre.com/products/onzie-mindful-mask-2-pack-girls-boys-assorted-prints</p>

	 Pros	 Cons
Face Mask 	<ul style="list-style-type: none"> Can create a complete—or near—complete seal on sides of the face Difficult to disinfect at home Requires specific machinery for production Difficult to communicate or talk to others in Limited durability Requires touching your face to put on or adjust Not comfortable, difficult to breathe in	Face Shield  <ul style="list-style-type: none"> Open on the sides—providing some possibility for aerosols and small particles to float in Easily disinfected with household cleaners Easy for manufacturers to produce (Apple, Nike, etc) Makes lip reading possible for the deaf/hard of hearing Easily washed or re-used Prevents wearer from touching their face Comfortable to wear and breathe in Reinforces the importance of physical distancing

Source: https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/bc_covid-19_go-forward_management_strategy_web.pdf

FOR CHILD CARE CENTRES AND EDUCATION SETTINGS/CAMPS

- Childcare centres are an important part of the social infrastructure to support parents returning to work.
- While it is well established that children are important drivers of influenza virus transmission in the community; for the COVID-19 virus, initial data indicates that children are less affected than adults and that clinical attack rates in the 0-19 age group are low. Further preliminary data from household transmission studies in China suggest that children are infected from adults, rather than vice versa. This is an important consideration with respect to school closures and reopening but is an area in which the evidentiary base will continue to develop.
- The evidence of the impact of COVID-19 on young adults appears to be evolving although the data to date suggests that they are highly likely to experience mild symptoms.
- In general, educational settings are critical to a child's and youth's psycho-social development as well as learning but also for younger children, important to a parent's ability to maintain employment. Any actions taken in this area should take into consideration all these dimensions.
- Recreation and involvement in sports are also important developmental activities for many children and young people.

STAFF EXPECTATIONS DOCUMENT

Employees must sign off that they have read, understand, and will strictly follow all new procedures for sanitation.

<p>PURPOSE</p>	<p>To establish expectations to reduce the spread of COVID-19 in the workplace and to ensure they are understood by all employees.</p>
<p>POLICY</p>	<p>It is the responsibility of every employee to be aware of the procedures put into effect to reduce the spread of COVID-19. Employees are expected to follow these procedures and work together to protect the health of employees and customers.</p> <p>Managing the risks of COVID-19 in the workplace requires multiple strategies that must be used in combination to be effective.</p>
<p>PROCEDURES</p>	
<p>PREVENTATIVE MEASURES FOR EMPLOYEES</p>	<ul style="list-style-type: none"> • The employee must wash their hands often with soap and water for at least 20 seconds. • If soap and water are not available, an alcohol-based hand sanitizer must be used. • Avoid touching the eyes, nose, and mouth. • Cough or sneeze into the bend of your arm. <ul style="list-style-type: none"> ○ This is an effective measure to prevent the spread of potentially infectious respiratory droplets and the contamination of surfaces by a COVID-19 infected person (including those who may not yet have symptoms). • Avoid touching high traffic areas. • No handshakes, high fives or fist bumps. <ul style="list-style-type: none"> ○ Use a friendly wave or a thumbs up. • Use any necessary personal protective equipment, as directed or what makes the employee comfortable. • Once the employees shift is over, they must leave immediately.
<p>PREVENTATIVE MEASURES TO KEEP THE ENVIRONMENT CLEAN</p>	<ul style="list-style-type: none"> • Use of appropriate products to clean and disinfect items ie. desk, work surface if applicable, phones, keyboards and electronics, cash drawer, calculators, customer service counters. (use wipes with 70% alcohol content). • All items used in the studio must be wiped at the end of every class, this would include, but not limited to, the doorknobs, iPad, or whatever device is being used to play music, mats, barres.

	<ul style="list-style-type: none"> • Do not touch the mirrors, walls, or curtains that are used to hide the mirrors. • Use of cell phones during class is prohibited unless it is an emergency.
<p>EMPLOYEES MUST STAY HOME IF...</p>	<ul style="list-style-type: none"> • Displaying symptoms (e.g., fever, cough, sore throat, sneezing), whether or not the illness has been confirmed as COVID-19. • Returning from traveling internationally, it is mandatory for all travellers returning to Canada to self-isolate for 14-days. The employee must monitor themselves for symptoms, such as a cough, fever or difficulty breathing for 14 days. • The employee lives in the same household as a confirmed or clinical COVID-19 case who is self-isolating, or who have been exposed to a confirmed COVID-19 infected person and advised by 811 (public health) to self-isolate. • Any items noted above, the employee must notify Michelle immediately. • It may be possible to teach the classes via zoom from the employee's home to the studio, IF the employee is only experiencing mild symptoms and would like to teach.
<p>EMPLOYEES FEELING ILL AT WORK</p>	<p>Employees feeling ill at work:</p> <p>If an employee starts experiencing symptoms while at work, they should isolate themselves from others immediately, and notify Michelle. The employee must go home as soon as possible, avoiding public transportation and taking measures to protect others around them. (Take a cab).</p> <p>Contact the local Public Health Authority and follow their advice.</p> <p>If the employee is concerned about their financial stability during this time, if they do become ill, the Government is providing assistance.</p>

This Policy has been put into effect on May 15, 2020 and is being updated frequently.

This document was updated November 2020.